

# HotShots Lacrosse Camp for Girls- 10<sup>th</sup> Year in the T/E Community!

Monday, June 28<sup>th</sup> - Thursday, July 1st, 2010 9:00 AM – 12:00 PM

T/E Middle School (adjacent to Conestoga High School)

**ELITE CAMP- for girls entering 6-9 grades.** Coached by the current Conestoga High school staff, players will learn the strategies to prepare them for the high school level and beyond. Focus will be on offensive and defensive strategies, refining basic skills and team strategies.

**ALL STAR CAMP- for girls entering 3-5 grades.** Players will learn fundamental skills, concepts and techniques of lacrosse. Through fun and creative sessions, campers will develop a greater understanding of the game and build confidence in their abilities.

**CAMP DIRECTOR- Jen Cadden-** Head Coach Conestoga 03-09, Coach of the Year '03'05. , PIAA State Champions '04,'05, '06, Central League Champions '05,'06, JMU lacrosse '93-'96, captain '96, All-American '95,'96, Asst. Coach JMU '97, Health and Physical Education Teacher VFMS '97-'98, Beaumont Elementary School Physical Education Teacher '98-'05

**Questions?** Call Jen Cadden 484-432-6220 or jkcadden@hotmail.com

## CAMP FEE: \$160

Please tear off and return completed application with a deposit of \$80. Balance is due *upon arrival to camp.*

Checks payable to: **JKCADDEN**

### Mail completed registration & \$80 deposit to:

Jen Cadden 85 Page Lane Phoenixville, PA 19460

\*\*\*Players must provide their own stick, eyewear, and mouthguard.

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Name: _____	Phone: _____
Address: _____	Cell : _____
City, State, Zip: _____	Email address: _____
Grade entering September '10: _____	ELITE CAMP: _____ ALL STAR CAMP _____
Goalie: _____ (must provide own equipment)	Shirt size (youth) S: __ M: __ L: __ XL: __ (adult ) S __ M __
Parent/Guardian: _____	Insurance Company and Policy # _____
Emergency Contact- Name: _____	Phone: _____

Waiver & Release: I understand that the risk of injury to my child is possible while playing or practicing the sport of lacrosse. I authorize the directors to act for me according to their best judgment in any emergency requiring medical attention. Anyone associated with Hotshots Lacrosse Camp will not assume campers' medical or dental expenses incurred as a result of participation in this program and will in no way be liable for any injuries that occur while attending the camp. In addition, I declare that the above named camper is in good health and able to participate in all camp activities.

Parent/Guardian Signature: \_\_\_\_\_

***Inclement weather policy:*** If the weather conditions deem the fields unplayable the session will be cancelled.

No refunds are given for cancelled sessions.