

CHILI CON CARNE

3 lbs. ground beef
3 large onions, chopped
3 green peppers, chopped
3 - 8 oz cans tomato sauce
3 - 1 lb. cans red kidney beans, drained
3 - 1 lb. cans tomatoes, broken up
3 tsp salt
4 tsp chili powder
2 bay leaves

Label foil pan.

In a large pot, cook the meat, onions, and green peppers, until meat is browned. Drain. Stir in tomatoes, tomato sauce, kidney beans, salt, chili powder, and bay leaves. Simmer one hour. Remove bay leaves. Pour into casserole pan and freeze.