

## *Keeping in Balance 2021-2022*

Date	Session	<i>Keeping in Balance Bible Study Guide</i>
Sept. 14	1	<b>Connect Coffee</b> – Getting a Grip Through Authenticity
Sept. 21	2	Balance through Authenticity
Sept. 28	3	Balance through Priorities
Oct.5	4	Balancing Expectations
Oct. 12	5	<b>Connect Coffee-</b> Getting a Grip on our Relationships
Oct.19	6	Balance in Relationships
Oct.26	7	Balance through Worship
Nov.9	8	Balance in Your Schedule
Nov.16	9	Balance through Rest
Nov.30	10	<b>Connect Coffee-</b> Getting a Grip through Rest
Dec.7	11	Balance through Service
Dec.14	Event	Adoration and Reconciliation in the CHURCH
		<b>Christmas Break Happy New Year</b>
Jan.4	Event	Talk/Reflection by Father Scott Reilly
Jan.11	12	Balance through Contentment
Jan.18	13	Balance through Simplicity
Jan.25	14	<b>Connect Coffee</b> – Getting a Grip through Simplicity
Feb.1	15	Balance our Cravings
Feb.8	16	Balance through Self- Discipline
Feb.15	17	Balance through Surrender
Feb.22	18	<b>Connect Coffee-</b> Getting a Grip When It All Falls Apart
Mar.1	Event	Adoration and Stations of the Cross in the CHURCH
Mar.8	19	Balance between Mediocrity and Perfectionism
Mar.15	20	Balance in our Thought Life
Mar.22	21	Balance through Engaging Culture
Mar.29	22 Last chapter	<b>Connect Coffee-</b> Getting a Grip in Culture
Apr.5	Snow Date	